This circular walk is one of a number of walks produced by Kent County Coucil. If you liked this walk you can find more on the Explore Kent website at **www.kent.gov.uk/explorekent**

We welcome any feedback about this walk or the content of the guide. If you know of a good walk and would like to share it, please let us know and we may feature it on our website.

If the route description or pictures are out-of-date please e-mail **explorekent@kent.gov.uk**

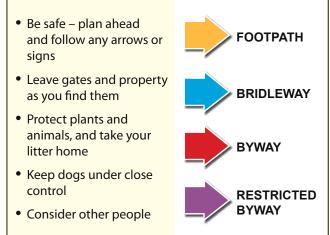
Please tell us about any problems concerning the paths using the Kent Report Line **0845 345 0210**. This guide is available in other formats on request.

FAMILY FUN!

Walking is not only a healthy activity but it can be fun and informative too. Free activity worksheets for children of all ages to take on the walk can be ordered by emailing **explorekent@kent.gov.uk** or calling **08458 247600**.



When you're out walking in the countryside, please respect the Countryside Code.



Walk Overview

Distance: 4.7 miles (7.5km) allow 2 hours

Start/Finish: Camer Park



How to get there...

Road Map:

Multimap website www.multimap.com. Search for "Camer".

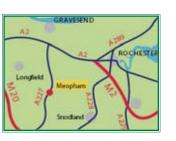
By Car: From M20 or A2 take A227 to Meopham. Turn off on Green Lane following signs to Camer County Park.

Parking: Parking is available at the Visitor Centre.

Train: Nearest station: Sole Street (0.5 miles). National Rail Enquiries: 08457 484950

Bus: 308 (Bluewater - Sevenoaks) hourly, Mon-Sat. 5 journeys, Sun. 416 (Gravesend – Meopham) 4 journeys, Mon – Fri. 3 journeys, Sat Traveline: 0870 6082608







Explore the Kent countryside

Have fun, stay healthy!

Walks in West Kent Meopham

4.7 miles (7.5 km) approx. 9500 steps Allow 2 hours

About the walk...

The walk starts at Camer Park, a 45 acre site of Outstanding Natural Beauty. The route gives walkers the chance to enjoy some spectacular views across the rolling landscapes, as well as the opportunity to explore Meopham village – known as the longest village in Kent. It is also home to Meopham Windmill, which was recently restored to full working order.



Photo Guide



For guidance only, actual conditions encountered may be different to what is shown depending on weather and time of year.

Route Description

- Exit the car park and turn left to follow the road.
- 2 At junction with footpath turn left to go through kissing gate and continue along field boundary to the right.
- Just after turning a bend in the corner of the field, bear right to head through a short wooded section leading to another field. Follow path across field towards trees.
- After crossing field go through gap to enter into another field. Do not follow path straight on but turn right and follow boundary on the right.
- Go through gap in the corner of the field and enter a short wooded section. Follow across track into another field. Follow the track, bearing right.
- Follow track into another field and turn right, keeping to boundary as you continue on. Follow path to corner of field and continue into a wooded section. Bear right at a clearing in the woods to take the well worn path (fairly narrow and winding) to gate.
- Pass through gate and follow path along top edge of field and down to kissing gate in right corner. Admire some good views on the left before passing through gate as the path heads to the road.
- Pass through gate, cross road and go through kissing gate into a field. Follow path ahead, which bears left to corner of field.

- Pass through gate and follow narrow path through a short wooded section and up a short flight of steps to enter into a field. Follow path straight on uphill. There are some good views at the top of this path.
- o Go through gate, turn right and follow byway.
- After approximately 200 metres bear right, off the track through gate (follow the footpath arrow markers). Follow path through woodland. Once out of wooded section, cross garden and continue down driveway to road (The footpath runs across private property so please keep to the path).
- Cross road and through gate into a field. Follow path straight ahead across field to gate.
- Pass through gate to leave field and continue ahead. Follow path through 2 more gates and climb a short slope to the road.
- Cross over road and follow path opposite, up a short flight of steps. At the top, pass through gate into field and continue to follow the path uphill. This section is fairly steep.
- Go through gate and turn right to follow the boundary on the right, heading towards a gate. Go through 2 kissing gates to continue on path to the road.
- Emerge from the path at Meopham Green, near the War Memorial. Turn right and head towards main road. Cross over onto pavement and turn right to head to Meopham.

Cross over at the traffic lights just after the school and turn left to continue past bus stop.

Walk your way to a healthier lifestyle

"Walking for one mile burns virtually the same number of calories as jogging for one mile, it just takes a little longer!"

"Walking is FREE and requires no special equipment or clothing – as long as you are comfortable"

"Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure"

- On reaching Meadfield Rd turn right and right again into Cheyne Walk. Follow path and turn left into Warwick Gardens. Turn left again as you meet up with Cheyne Walk once more.
- At junction of Cheyne Walk, turn left along Whitehill Road and follow to junction with The Street.
- Cross over road to follow footpath into field. Bear right after the end of the short line of trees on the right - do not follow path straight ahead.
- Follow path into short wooded section and into another field. Follow along boundary for 30 metres before turning left through a gap in the trees into another field. Follow path across field to the road.
- On reaching the road, turn left to make your way back to the car park where you started.

