Trosley Country Park Trosley Ramble

3.5 miles (5.6km) approx. 4000 steps Allow 1 hour 45 mins

About the walk...

This walk from Trosley Country Park takes in the countryside around the village of Trottiscliffe. The route includes sections of the Pilgrims' Way, a 120-mile long path from Winchester to Canterbury. You will walk through chalk grassland, a unique habitat that is home to many rare kinds of flora and fauna. The Church of St Peter & St Paul occupies an Old Saxon site, mentioned in the Doomsday Book.

Walk Overview

Distance: 3.5 miles (5.6km) Allow 1 hour 45 mins

Start/Finish: Trosley Country Park

- k Stiles: 1
 - Gates: 6
 - **Terrain:** Some steep slopes and steps
- Views: Many good views 31
- Toilets: At Trosley Country Park WC
 - Refreshments: At Trosley Country Park
- Steps

How to get here...

Road Map:

Multimap website www.multimap.com. Search for "DA13 0SG".

By Car: Signposted off the A227 between Meopham and Wrotham, near Vigo Village.

Parking: Parking is available at Trosley Country Park.

Train: Nearest station: Snodland (3 miles). National Rail Enguiries: 08457 484950

Bus: 308 (Bluewater – Sevenoaks) hourly, Mon-Sat. 5 journeys Sun. Traveline: 0870 6082608



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This circular walk is one of a number of walks produced by Kent County Council. If you liked this walk you can find more on the Explore Kent website at www.kent.gov.uk/explorekent

We welcome any feedback about this walk or the content of the guide. If you know of a good walk and would like to share it, please let us know and we may feature it on our website.

If the route description or pictures are out-of-date please e-mail explorekent@kent.gov.uk

Please tell us about any problems concerning the paths using the Kent Report Line 0845 345 0210. This guide is available in other formats on request.

FAMILY FUN! Walking is not only a healthy activity but it can be fun and informative too. Free activity worksheets for children of all ages to take on the walk can be ordered by emailing explorekent@kent.gov.uk or calling 08458 247600.



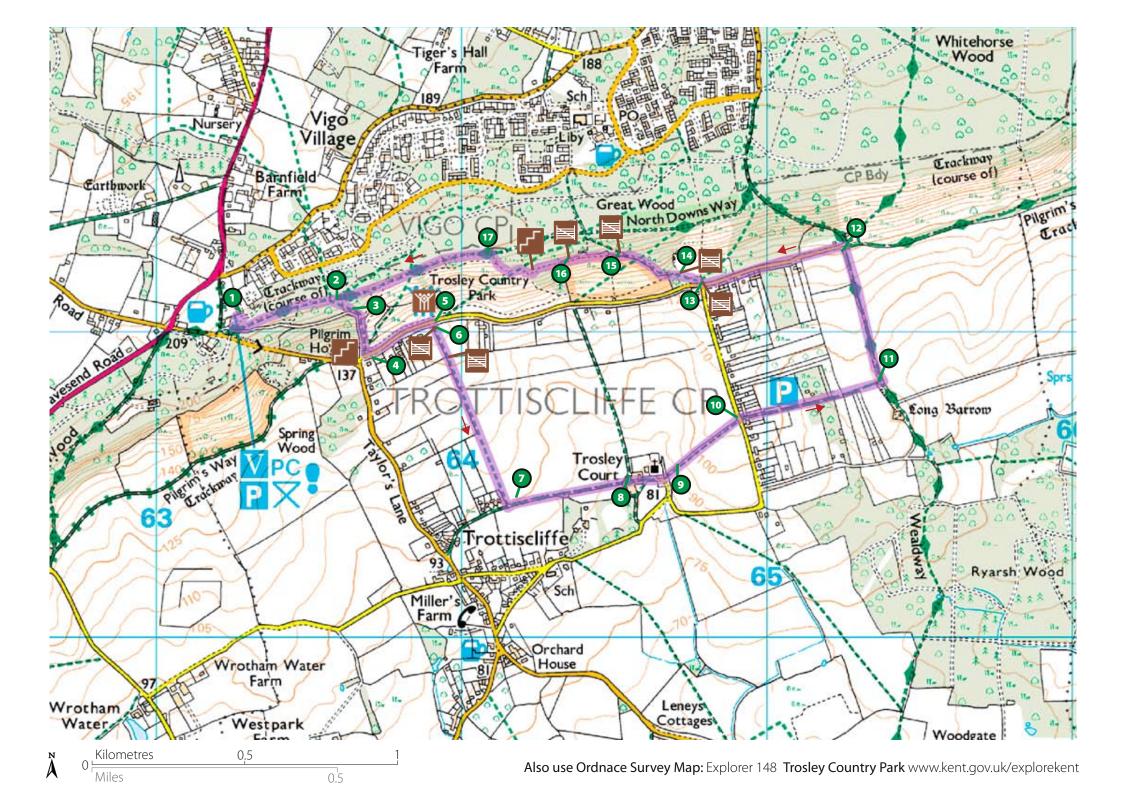
When you're out walking in the countryside, please respect the Countryside Code.

• Be safe – plan ahead FOOTPATH and follow any arrows or sians Leave gates and property BRIDLEWAY as you find them Protect plants and animals, and take your BYWAY litter home • Keep dogs under close control RESTRICTED BYWAY • Consider other people





www.kent.gov.uk/explorekent



Route Description

- From the car park, head down the sloped path, past the notice board. Turn left and follow the path (North Downs Way) through the trees.
- 2 At the way mark post, turn right to follow path B, which leads down some steps.
- 3 As you reach the wire fence, bear left and do not cross the stile.
- At the bottom of the steps, turn left, keeping the fence on your right.
- 5 At the chicane rails, turn right to leave the park. Beware of traffic.
- Cross the lane and enter a field through the gate opposite. Keep the hedge line to your right as you pass through a second gate. Go straight ahead until you reach a junction with a house on your right.
- Turn left at the junction and head for Trosley Court and the church.
- 8 Follow the path through the courtyard and in front of the church and cottages.
- Immediately after the cottages, turn left and uphill. Pass through a squeeze stile and follow the path uphill and over the field.

- Cross the road and take the track to the right of the bungalow. This takes you to the Coldrum Stones car park.
- Passing through the car park, continue on past houses on your left. As the path drops downhill it makes a T junction. Turn left onto the Wealdway and climb the hill.
- As the Wealdway meets the lane, turn left.
 Beware of traffic. You are now on the Pilgrims' Way. Follow this, passing houses on your left, until you reach a junction in the lane.
- 13 Turn right, through the gate, to return to Trosley Country Park. Head towards the gate at the end of the steel fence.
- Pass through the gate and climb the hill, keeping the wire fence to your left.
- Pass through the gate and keep climbing. Ignore paths off to the left and right.
- Straight ahead through the gate and follow the winding path down then up a number of steps.
- On reaching the junction with the main park path, turn left and return to the visitor centre.

Walk your way to a healthier lifestyle

"Walking for one mile burns virtually the same number of calories as jogging for one mile, it just takes a little longer!"

"Walking is FREE and requires no special equipment or clothing – as long as you are comfortable"

"Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure"

Photo Guide



For guidance only, actual conditions encountered may be different to what is shown depending on weather and time of year.