Trosley Country Park Coldrum Trail

> 6.2 miles (9.9km) approx. 12400 steps Allow 3 hours.

About the walk...

This walk from Trosley Country Park takes you along the North Downs Way. Descending the downs, you will pass through farmland and woodland to arrive at The Coldrum Stones. This 3,000 year old burial site is the best example of its type in Kent and still popular for the celebration of seasonal festivals.

Walk Overview

Distance: 6.2 miles (9.9km) Allow 3 hours

Start/Finish: Trosley Country Park





- Terrain: Some steep slopes
- Views: Some good views
- W Toilets: At Trosley Country Park
 - Refreshments: At Trosley Country Park

How to get here...

Road Map:

Multimap website www.multimap.com. Search for "DA13 0SG".

By Car: Signposted off the A227 between Meopham and Wrotham, near Vigo Village.

Parking: Parking is available at Trosley Country Park.

Train: Nearest station: Snodland (3 miles). National Rail Enguiries: 08457 484950

Bus: 308 (Bluewater – Sevenoaks) hourly, Mon-Sat. 5 journeys Sun. Traveline: 0870 6082608





This circular walk is one of a number of walks produced by Kent County Council. If you liked this walk you can find more on the Explore Kent website at www.kent.gov.uk/explorekent

We welcome any feedback about this walk or the content of the guide. If you know of a good walk and would like to share it, please let us know and we may feature it on our website.

If the route description or pictures are out-of-date please e-mail explorekent@kent.gov.uk

Please tell us about any problems concerning the paths using the Kent Report Line 0845 345 0210. This guide is available in other formats on request.

FAMILY FUN! Walking is not only a healthy activity but it can be fun and informative too. Free activity worksheets for children of all ages to take on the walk can be ordered by emailing explorekent@kent.gov.uk or calling 08458 247600.



When you're out walking in the countryside, please respect the Countryside Code.

• Be safe – plan ahead FOOTPATH and follow any arrows or sians Leave gates and property BRIDLEWAY as you find them Protect plants and animals, and take your BYWAY litter home • Keep dogs under close control RESTRICTED BYWAY • Consider other people

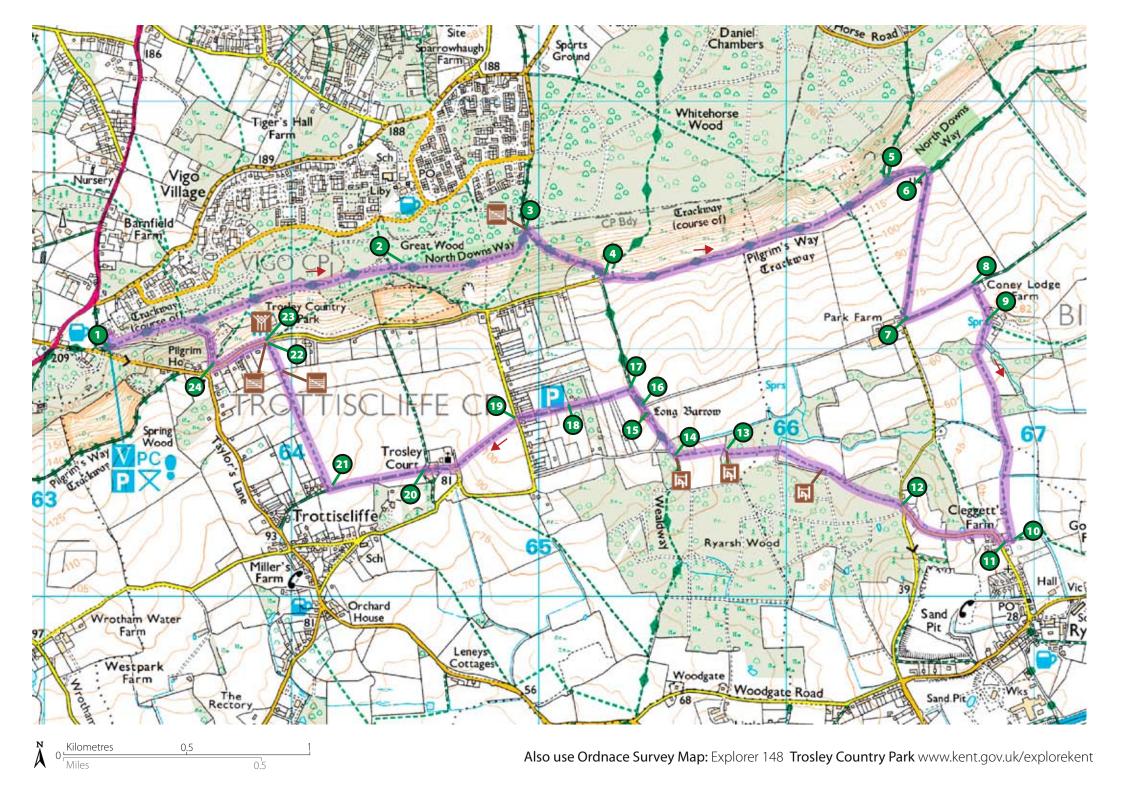


www.kent.gov.uk/explorekent



07/2008





Route Description

- From the car park, head down the sloped path, past the notice board. Turn left and follow the path (North Downs Way) through the trees.
- 2 At a fork in the path take the right-hand path and continue ahead. At the crossroads continue ahead following the North Downs Way.
- Follow the path uphill to a gate. Pass through gate (leaving the park) and then at junction turn sharp right to follow the path downhill to a road. The path here is very steep and can be slippery when wet. Beware of traffic.
- Turn left and continue following the North Downs Way.
- 5 Follow the path for approximately half a mile until you reach a junction at some wooden bollards. Bear right here and continue ahead past remains of an old building to a fork in the path.
- 6 At the junction turn right (leaving the North Downs Way) to follow the restricted byway downhill.
- On reaching the junction with the road, turn left to follow the bridleway.
- 8 At the next junction turn right to follow the path in front of a house.
- Follow for 100 metres before taking a right turn, next to barn, through the hedgerow onto a footpath. Keep the fence line on your left and follow along edge of field until you reach a gap leading into an adjacent field. Pass through gap and bear right to follow path past Coney Lodge Shaw and then follow path diagonally across the field.

Follow the path leaving the field through a short section enclosed by trees and hedges to a sleeper bridge. Cross and continue along the path heading past a telegraph pole on your left towards houses.

- 🔟 At junction, turn right to the road. Beware of traffic.
- Turn right at junction with road and follow the road uphill.
- Cross road at the junction and head to stile opposite. Cross stile and follow path through woods. Cross sleeper-bridge and another stile and continue along path to stile leading out of woods into a field.
- Cross stile and follow path towards metal gate at far right edge of field.
- Cross stile next to gate and bear right to follow the Wealdway, following path to right, at the junction. On reaching a hard surfaced path bear right.
- You will soon pass the Coldrum Stones on your left. These are the remains of a Neolithic Long Barrow 4,000 – 5,000 years old. They are one of seven such tombs around the Medway Valley.
- Follow the path, bearing left, as the surface changes to grass.
- On reaching a junction under a small wooded area bear left off of the Wealdway onto a footpath. After 200 metres the grass path turns into a hard surface.
- Continue past a gate through a small car park. From this car park continue straight ahead to road. Beware of traffic.
- Cross road and pass through squeeze stile into a field. Follow path across field towards church in

Walk your way to a healthier lifestyle

"Walking for one mile burns virtually the same number of calories as jogging for one mile, it just takes a little longer!"

"Walking is FREE and requires no special equipment or clothing – as long as you are comfortable"

"Regular walking helps reduce the risk of heart disease, strokes, diabetes and high blood pressure"

distance. Pass through a second squeeze stile. Beware of traffic.

- 20 Turn right at road, past houses and through courtyard to footpath ahead. Continue to gate (do not cross) beside fence and houses.
- At gate turn right and follow edge of field towards telegraph poles and North Downs. Pass through kissing gate and continue along left field-edge to another gate at road. Beware of traffic.
- 22 Cross road and re-enter Trosley Country Park.
- Take the second track left through the woods to steps.
- Climb the steps (steep section) and follow path as it winds to the left. On reaching the flat track you were on earlier turn left and retrace your steps back to Visitor Centre.

Photo Guide



For guidance only, actual conditions encountered may be different to what is shown depending on weather and time of year.