

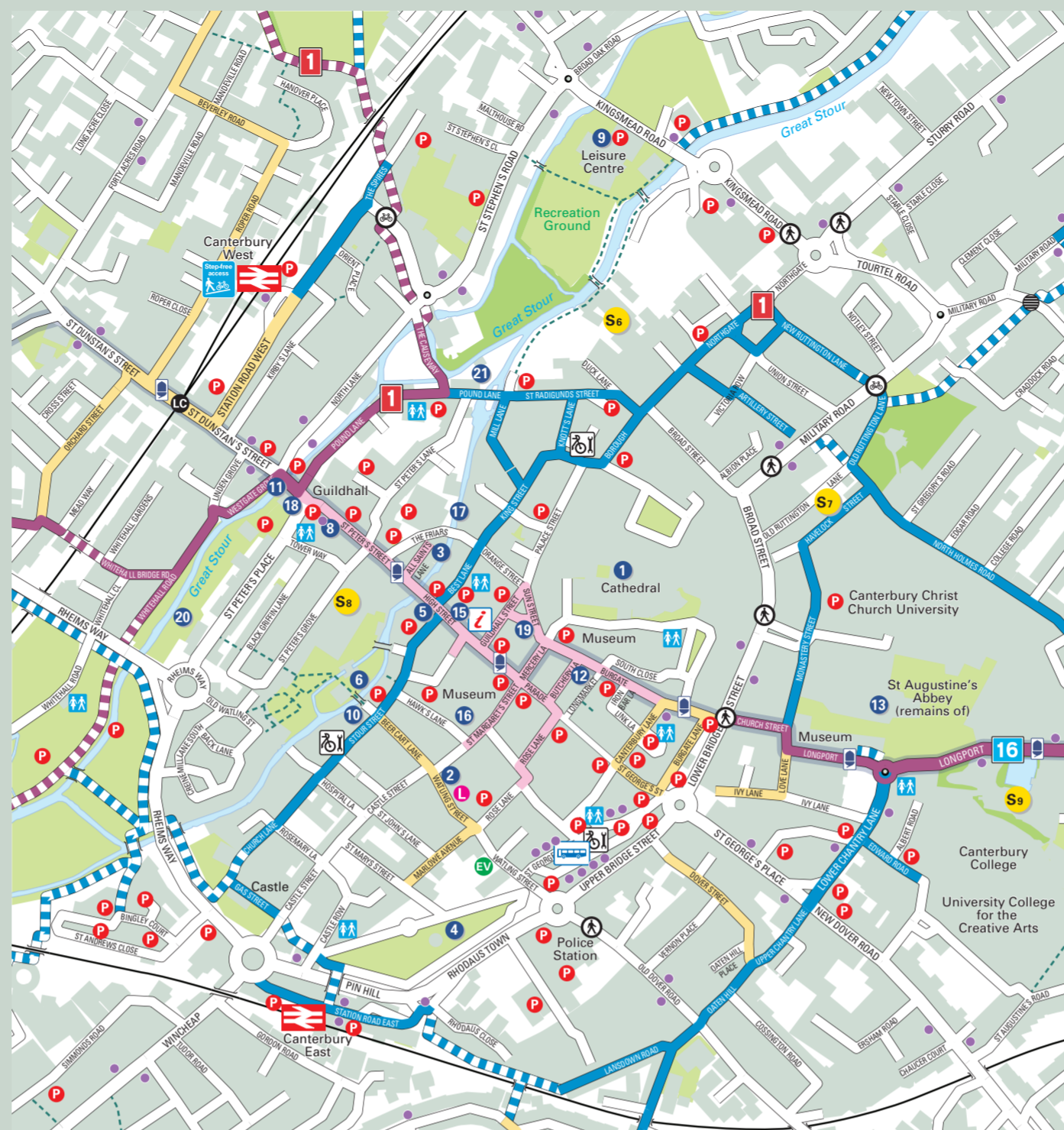


'Canterbury's past is as rich as it comes' says the latest Lonely Planet guide to Britain. This world-famous cathedral city was one of medieval Europe's great places of pilgrimage and knowledge. Today, with its international visitors, college and three universities, it still has a distinctly cosmopolitan feel. Less than an hour from London, it's in that corner of England that's almost touching France.

You may be in the city but you get a strong sense of being in the Garden of England too. There are riverside gardens and even a cider-making orchard within the city itself. Then there's all the local produce in cafes, pubs and restaurants: Romney Marsh lamb, Kent cherries, ale from local hops, award-winning fizz from Kentish vineyards. To the north of the city is one of England's largest ancient woodlands, the Blean.

The countryside that embraces the cathedral city of Canterbury and laps the coastal towns of Whitstable and Herne Bay is ripe for exploration. A beguiling combination of rolling chalk downland, ancient woodland, river valleys, marshes and rugged coastline offers unparalleled opportunities to savour the very best of the Garden of England.

EXPLORE CANTERBURY WALKING AND CYCLING MAP



Legend:

- Signed on-road cycle route
- Traffic-free - Surfaced Includes Bridleways, Restricted Byways and Byways Open to All Traffic
- Unsigned routes - useful to link up your cycle journey
- Promoted route - on-road *
- Promoted route off-road - surfaced *

* Guides available for download from explorekent.org

- Pedestrianised roads Cycling permitted outside the hours of 10.30-16:00
- Footpath
- North Downs Way National Trail
- School Named and numbered
- Place of interest Named and numbered
- Bus stop
- Visitor Information
- Bus Station
- Railway with station
- Level crossing
- Toucan crossing
- Pelican crossing
- Zebra crossing
- Bike shop
- Electric Vehicle Charging Point
- National / Regional Cycle Network route number
- Step-free access to both platforms at railway stations
- Toilets
- Cycle parking
- Cycle lockers

- Canterbury Cathedral
- Canterbury Ghost Tour
- Canterbury Historic River Tours
- Dane John Gardens
- Eastbridge Hospital
- Greyfriars Chapel
- Kent County Cricket Club
- Kent Museum of Freemasonry
- Kingsmead Leisure Centre
- Canterbury Punting Co
- Westgate Punts
- Canterbury Roman Museum
- St Augustine's Abbey
- St Martin's Church
- The Beaney House of Art and Knowledge
- The Canterbury Tales
- The Marlowe Theatre
- Westgate Towers
- Canterbury Guided Tours
- Westgate Gardens
- Abbots Mill Project



WALKING ROUTES

NORTH DOWNS WAY NATIONAL TRAIL
Follow the acorn on The North Downs Way National Trail to walk in the footsteps of the pilgrims for 153 miles, passing through the Surrey Hills and Kent Downs Areas of Outstanding Natural Beauty, to Canterbury and the White Cliffs of Dover.

MARLOWE'S CANTERBURY WALK
This 1.6 mile or 1.3 mile walk takes you on a journey through the playwright and poet Christopher Marlowe's Canterbury.

To find detailed guides for these routes visit ExploreKent.org



GETTING AROUND

Travelling by foot is always a good way to explore the city. Walking trails or guided walks will help you make the most of your time here and to enjoy the winding lanes and streets, all with their own unique identity.

Cycling is often the fastest way to get around in the city, it is also incredibly healthy and environmentally sustainable. Canterbury has numerous cycling routes, of which a large proportion are traffic free.

Walking and cycling aren't just rewarding and fun ways to get around the city; leaving the car at home for some trips will save you money and reduce emissions. It also allows you to be active as part of your daily routine, helping you to stay fit and healthy.

Take a close look at the map and see how easy it is to walk or cycle from your home to the station, school, or city centre.

Canterbury is also well connected by two mainline train stations and bus routes.

Download the Kent Connected mobile app or go to kentconnected.org to help plan your journey. View local cycling and walking routes, bus and train times and all other information on travelling in Kent.



PARK AND PEDAL
Store your own bike in a secure compound at Park and Ride Wincheap and beat the traffic by cycling the last mile into town.

There's both a signed on-road and a traffic free off-road route to follow.

Canterbury.gov.uk/parkandpedal

CYCLE PARKING

Canterbury has excellent cycle parking facilities, including weatherproof cycle shelters in North Lane car park and at the junction between St Peter's street and St Peter's Place. These facilities offer parking for 24 bikes. There are a number of secure and covered cycle lockers available for members of the public to hire in Watling Street car park in Canterbury City Centre. Check the map to find cycle parking near you.



THINGS TO DO

Visit Canterbury, Whitstable and Herne Bay.

For more information on attractions, places to eat and things to do in the area check out Visit Canterbury.

[@visitcanterbury](https://www.visitcanterbury.com)
[facebook.com/visitcanterbury](https://www.facebook.com/visitcanterbury)
[Instagram.com/visitcanterbury](https://www.instagram.com/visitcanterbury)

Canterbury Visitor Information Centre
The Beaney House of Art & Knowledge
18 The High Street
Canterbury
CT1 2RA
01227 862162

canterburyinformation@canterbury.gov.uk

CYCLE ROUTES

CRAB AND WINKLE WAY - CANTERBURY TO WHITSTABLE
Go from cloisters to oysters with seven miles of almost traffic-free cycling, the Crab and Winkle Way between Canterbury and Whitstable explores a delightful slice of east Kent packed with history and nostalgia. The route is signed from Canterbury West station and joins National Cycle Route 1 through the town near the river at Pound Lane.

GREAT STOUR WAY - CANTERBURY TO ASHFORD
Running between Canterbury and Ashford this traffic free multi-user route follows National Cycle Route 18 eastward out of Canterbury along the banks of the River Stour. The Great Stour Way continues through Chartham and Wye, taking in the beautiful and tranquil landscape of the Kent Downs AONB. This route forms part of the longer distance Pilgrims Cycle Trail.

Explore Kent
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Maidstone, Kent, ME14 1XX
Email: explorekent@kent.gov.uk
If you require this guide in another format or language please email explorekent@kent.gov.uk

Cartography:
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WHY NOT Advertise YOUR BUSINESS

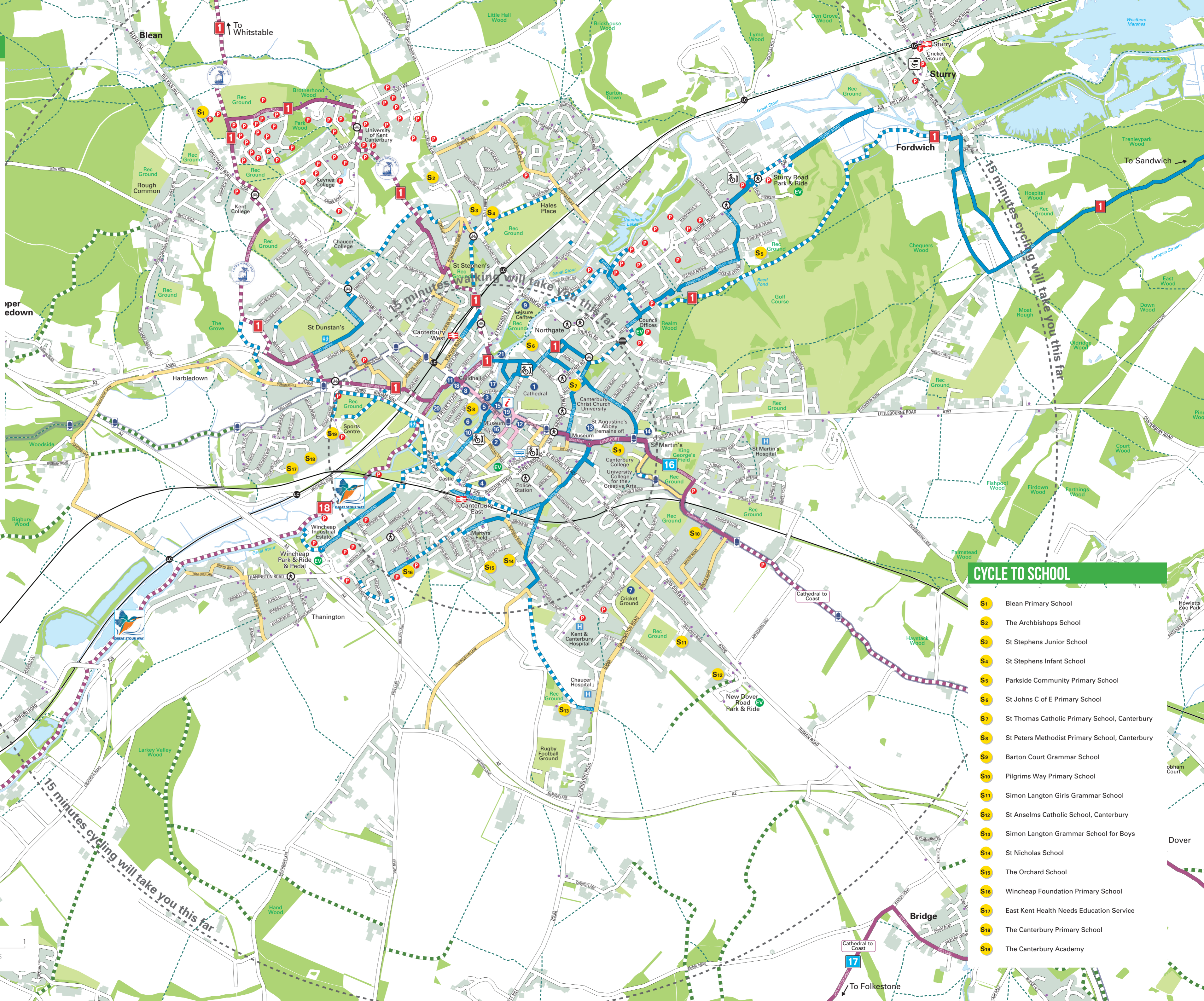
IN THE NEXT VERSION?

CONTACT EXPLORE KENT TO FIND OUT HOW?
Email: explorekent@kent.gov.uk



KEY

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- In the city centre area cycle parking and toilet facilities are only shown on inset map overleaf



CYCLE TO SCHOOL

- S1 Blean Primary School
- S2 The Archbishops School
- S3 St Stephens Junior School
- S4 St Stephens Infant School
- S5 Parkside Community Primary School
- S6 St Johns C of E Primary School
- S7 St Thomas Catholic Primary School, Canterbury
- S8 St Peters Methodist Primary School, Canterbury
- S9 Barton Court Grammar School
- S10 Pilgrims Way Primary School
- S11 Simon Langton Girls Grammar School
- S12 St Anselms Catholic School, Canterbury
- S13 Simon Langton Grammar School for Boys
- S14 St Nicholas School
- S15 The Orchard School
- S16 Wincheap Foundation Primary School
- S17 East Kent Health Needs Education Service
- S18 The Canterbury Primary School
- S19 The Canterbury Academy